

# LC-NY Style Boiled Bagels<sup>®</sup>

Bacon Cheddar 10 pack



Diabetic  
Friendly  
Low  
Carb



Refrigerate or freeze upon receiving.  
Remove air from bag before resealing.

## Nutrition Facts

Serving Size 1/2 bagel (73g)

((half - 4" wide x 1 1/4" thick bagel)

Servings per container 20

Amount Per Serving

Calories 179

Calories from Fat 43

		%Daily Value*	
<b>Total Fat</b> 4.8g	<b>7%</b>	<b>Total Carbohydrate</b> 15g	<b>5%</b>
Saturated Fat 1.2g	<b>6%</b>	Dietary Fiber 13g	<b>52%</b>
Trans Fat 0g		Sugars 0g	<b>0%</b>
<b>Cholesterol</b> 8mg	<b>3%</b>	<b>Protein</b> 19g	<b>38%</b>
<b>Sodium</b> 398mg	<b>17%</b>	<b>Net Carbs</b> 2g	

\*Percent daily values are based on a 2000 calorie diet.

**Ingredients:** Wheat protein isolates, resistant wheat starches, flax seed, vital wheat gluten, bacon (cured with salt, sugar, sodium erythorbate, nitrate & phosphate), cheddar cheese (cheese cultures, pasteurized milk, salt, enzymes), natural flavors, olive oil, yeast, Inulin, salt, calcium propionate, vinegar, annatto (vegetable color), natural stevia & natural monk fruit.

**Contains:** Wheat, Milk

Net Wt. 51.5 oz. (1460g) Qty 10 - 4" Bagels



Manufactured by LC Foods<sup>™</sup>  
Company, Raleigh NC 27604